

2015



ACCOMPLISHMENTS



In Community Inclusion



In Education



In Fundraising



In Person Centered Planning



In International Recognition



In Health Care

2015

ACCOMPLISHMENTS

The stories in the ARC of Rockland Annual Report represent just a few of the **accomplishments** that took place in 2015. The emphasis

on **individuality**—the **commitment** to

help each person meet and attain unique

goals—these are integral to the ARC

philosophy. We hope you will take

a few moments to look at pages 12-13

and review the names of the many **people** who have

donated generously throughout the year. Their **contributions** have helped us provide

an array of **opportunities** to the 1200 men, women and children who

count on ARC of Rockland every day. Our many

successes are a **reflection** of the people we

support, our **dedicated** ARC families and

a stellar staff. Thank you to all who have made

2015 a year defined by **success**.



Arc in Motion

For some people, physical fitness is a **shared interest**, for others it is the arts. It might have to do with caring for animals, volunteering in a food pantry or a community garden. Whatever the impetus, the goal is the same—*Arc in Motion* keeps people engaged in meaningful activities within the community.

Each of nine *Arc in Motion* groups is comprised of four or five men and women,” says Assistant Director Jodi Taylor-Getz. “In some instances the group is engaged in volunteer work and recreational activities. In other situations, participants are gaining prevocational **skills** with an eye to future employment. As new people come on board, they are matched with like-minded peers.

“Not every person is involved in *Arc in Motion* every day,” notes Ms. Taylor-Getz. “Some participants work part-time and have additional commitments. The overall intent is to ensure that people are involved in the community.”

Volunteerism is a particularly popular aspect of *Arc in Motion*. “The desire to give back rates high on the list of priorities. Individuals choose the venue best aligned with their interests and spend some time each week engaged in a volunteer activity. The Hi Tor Animal Care Center in Pomona; S.T.A.R.T (Save the Animals Rescue Team) at Pet Smart in Nanuet; Bergen Regional Medical Center in Paramus, NJ; The Community Blood Bank in Montvale, NJ; TOUCH Food Pantry in Congers and Meals on Wheels, are among sites where volunteers are contributing their time and talents.



L-R: Solomon Lee, Logan Freeman, Francesco Vitiello, Jacob Feinstein

“I like *ARC in Motion*,” says **Francesco Vitiello**. “We do a lot of volunteer work. We learn how to do jobs. The best part is going out to different places. It’s not boring. I like helping other people. The best thing to do is to do everything until you find what you want, and then get a job.”

Mr. Vitiello joined *ARC in Motion* shortly after his 2015 graduation from North Rockland High School. He says the **transition** from high school student to the adult world wasn’t easy. “But I’m not the kind of guy who gets nervous. I had to do it. It’s another step in life. I liked school and I like *ARC in Motion*.”

Learning how to comport oneself during a job interview, using the internet to search for possible employment and meeting with supervisors at the various volunteer sites are **experiences** which will ready Mr. Vitiello for employment. “I am confident that I will get a job,” he says with a smile. His dream would be to work at a fire station cleaning the engines and being part of the crew. “I have a friend who is a fireman,” he explains.

An avid Yankees fan, he also enjoys watching football and basketball. In 2015, he was a member of ARC of Rockland’s Special Olympics teams competing in Track and Field and the Softball Throw at the United States Military Academy at West Point. He bowls with ARC’s recreational bowling league on Sunday mornings and swims in ARC’s therapeutic pool in New City on Tuesdays and Thursdays.

Mr. Vitiello’s mother Myriam Salomon says of her son, “He is always happy. He has a great **personality**.” She is pleased with the progress Mr. Vitiello has made at ARC of Rockland. “The people there are really caring, and they know what they are doing,” she says.

For Mr. Vitiello’s part, he expresses gratitude for the **opportunities** he has been given. “I thank God for my health, and I thank my mom, my dad, my whole family, the people at *ARC in Motion* and my friends too,” he says. “I love people.”

Open For Business

The ARC Café—this lovely little **oasis** is tucked behind a screen of bamboo at the far end of the expansive cafeteria at ARC headquarters in Congers. Cozy tables, a striped awning, an easel noting specials of the day and a polite, friendly and competent staff comprise this bistro-style dining area where good food and conversation mix throughout the work week. Heading up the establishment is ARC Enterprises Manager Dominic Deramo.

When he learned that a local restaurant was going out of business, Mr. Deramo convinced the owner to donate booths and benches. With the help of a few people who receive services through ARC, the tables and benches received a fresh coat of paint. Mr. Deramo reupholstered the cushions to match the canopy built by ARC Senior Director of Maintenance Rich Hoffman. Tall stalks of bamboo **donated** by a local resident were planted in large decorative tubs.



A wide selection of snacks, drinks, freshly baked muffins, bagels, fresh fruit, yogurt, cereal, homemade soups and sandwiches are among the **reasonably-priced choices** available from 9 a.m. to 3 p.m., Monday through Friday. A menu of daily lunch selections is emailed to every staffer each morning.

Initially, Mr. Deramo did much of the shopping for wholesale items on weekends. He was often the first to arrive at the

Quinton Watson greets **customers** with a smile. A cashier at the ARC Café, he dispenses good cheer along with change. “I like working the cash register,” he says. “I remember back in high school, my teacher said I was good with numbers.” But it is more than his mathematical ability that makes Mr. Watson a natural on the job. “I ask the customers how they are doing, and they tell me,” he says. An enthusiastic **fan** of the Café’s fare, he assures customers that “The food is good—especially the soup and the chili. Dominic makes good chili.”

Mr. Watson began receiving services through ARC in 1986, spending much of his time in the agency’s soon-to-be-closed Sheltered Workshop. (To comply with the New York State OPWDD Transition Agenda, ARC of Rockland will



assist individuals employed in the workshop setting to secure jobs, volunteer activities or employment training positions within the community). Mr. Watson hopes to use the skills he is gaining at the Café to find work in the food service industry. “Honestly,” he says, “I would like to work at McDonald’s or Burger King.” He has also spent time volunteering at area not-for-profit organizations including Meals on Wheels and People to People. “I have a lot of experience,” he states.

“Quinton is a **people person**,” says Marc Cooper, ARC Transition Coordinator. “The **opportunity** to work in the ARC Café draws upon his gregarious personality.”

In his spare time, Mr. Watson enjoys movies and listening to music. “I like everything—I have eclectic tastes.” As for the best part of his role as cashier, “When people leave, I say, ‘Please do come again ... and man, they come back.’”

supplier where he would stock up on paper goods. Although the ARC Café now purchases some products from Sysco Discount Food Center, a wholesale distributor, Mr. Deramo continues to serve as head chef—arriving in the pre-dawn hours to whip up a batch of muffins or create the ‘soup of the day’ in ARC of Rockland’s immaculate industrial kitchen.

The **ambiance** and the food are two aspects of the Café—the third and most important component is the staff. “Our vision was to give people with intellectual and other developmental disabilities the opportunity to gain marketable skills in a **real work** environment right on the ARC site,” says Mr. Deramo. Workers receive job training under the guidance of job coaches.

A spin-off of the ARC Café, a kiosk located at the Haverstraw campus of Rockland Community College, is overseen by **job coaches** and staffed by people who receive supports and services through ARC.

“The Café has been a terrific addition to our agency,” says ARC Executive Assistant Nedda Hernandez. “I buy lunch there every day. The salads and sandwiches are great, the soups are delicious and the convenience can’t be beat.”

Daisy Thomas serves coffee to customers.



Doctor in the House



L-R: Marian Meigh, RN; Jennifer Godel and Dr. Galit Sacajiu

The year 2015 saw a substantial increase in the number of patients seen by the **medical professionals** at ARC HealthResources—a unique practice specializing in the care of people with intellectual and other developmental disabilities.

“What sets us apart is our **determination** to provide both the **expertise** and the time necessary to ensure that each patient is treated with skill, compassion and **dignity**,” says Medical Director Dr. Galit Sacajiu.

Located at 25 Hemlock Drive, Congers, NY, ARC HealthResources shares a building with parent agency ARC of Rockland. In-house services include primary care, psychiatry, psychology, podiatry and physical, occupational and speech therapies. The medical practice maintains an ongoing relationship with a range of specialists, including cardiologists, dentists, endocrinologists, gastroenterologists, neurologists and urologists.

Dr. Sacajiu attributes the success of ARC HealthResources to the emphasis on **collaboration**. “We engage in a continuing dialogue with patients, families, caregivers and all of the medical professionals involved in a patient’s care.

“The involvement of family is especially relevant when the patient is a young adult,” continues Dr. Sacajiu. “We recognize the value of input from parents who continue to be their adult children’s most important **advocates**. At ARC HealthResources, we see the whole person. Whether it concerns a routine check-up or a complicated medical condition, we take the time to really get to know the individual.”

Abilities

“Abilities—because that is the focus of everything we do,” states ARC Chief Executive Officer Carmine Marchionda. “Each person is unique, which means that his or her needs and **aspirations** are unique. It is our job to provide the supports, encouragement and the professional expertise that will enable every individual to achieve his or her personal best. That, in a nutshell, is the essence of **Abilities**, an ARC of Rockland initiative designed for young adults with Autism Spectrum Disorders (ASD).”

Abilities utilizes Applied Behavior Analysis (ABA) as its preferred methodology when working with people who have ASD. Through repetition and **positive reinforcement**, participants gain the skills and confidence necessary for meaningful inclusion in society-at-large.

William O has found a home at ARC of Rockland. He lives in an ARC residence and spends weekdays with his friends in ARC’s Abilities program. “From the time we met him, we believed that William would be happy here,” says Jane Zemon, ARC Chief Program Officer. “It was just a matter of **teamwork**.”

From the age of three until his graduation at age 21, Mr. O attended school at the Board of Cooperative Educational Services (BOCES) in Rockland County. The transition to a new daytime setting at ARC of Rockland might have been unnerving for the young man. “But we were **determined** to help William assimilate into his new surroundings. Our staff met with William’s parents. We learned something about the things that William enjoys, and we focused on his abilities.”

Mr. O likes to sing along with ARC staffers. He enjoys swimming several times each week in ARC’s heated, indoor therapeutic pool in New City, and he plays basketball at the St. Lawrence Community Health & Sports Center in Hillburn. During warm weather months, he and other participants in the Abilities program visit area parks and lakes.

The **transition** from high school to community life in the adult world can be daunting. For some young adults, Abilities means learning to better control behavior. For others, Abilities means becoming proficient at communicating via an electronic device or through sign language.

“The key is really getting to know the person and then, finding the right path for **progress**,” says Mr. Marchionda. “This might be best acquired in a classroom situation, or it could revolve around volunteer work through an *ARC in Motion* group. There are people with ASD who aspire to live in an ARC supervised apartment or home and those for whom enrolling in a college course is an achievable goal. The bottom line is personalizing Abilities.”

When he joined the Abilities team in 2014, Mr. O had limited spoken language and a handful of signs. “He often felt frustrated by an inability to communicate,” states Ms. Zemon. “By working diligently, our staff members have helped William increase his repertoire of signs—which decreases frustration. We can see that he feels a sense of **accomplishment** when we understand what he wants or needs.”

The transition to an ARC residence was not easy for Mr. O. He had never lived anywhere other than the family home. To





Back L-R: Direct Support Professional Darline Cherestal; Case Manager Annemarie Basile; Jeffery Blair; Community Director of Residential Life Altya Henson; Karl Mars, Direct Support Professional Benjamin Alexandre. Front L-R: Timothy Dougher and William O.

ease the process, for months prior to the impending move, the Abilities staff escorted Mr. O to twice weekly dinners in the residence that would become his home. During those **visits**, he had the opportunity to meet his future housemates and interact with the staff members in the **residence**. The Abilities staff reinforced the experience by showing Mr. O pictures of the people in the house and explaining repeatedly that he would one day live there. But an unexpected family emergency made it necessary for the move to take place more quickly than had been planned. Within a weeks' time, a first floor room in the home was expanded and outfitted with furniture. Still, Mr. O's parents and staff members in both ARC's Abilities and Residential divisions realized that Mr. O might be overwhelmed by the change in living accommodations. The shared dinners with housemates had become familiar, but the idea of sleeping in the residence was without precedent. To help ease the **adjustment**, members of the Abilities staff initially took turns staying in the home overnight along with the residential staff. "Whether it concerns his day activities or his residence, the ARC professionals are in touch with one another on a daily basis,"

notes Ms. Zemon. "The idea is make the changes in William's life as seamless as possible."

The Os are pleased with their son's progress. Ms. O recalls the days before William was two years old, when he talked and sang and loved having stories read to him. "By the time he was three, he had stopped speaking, he didn't want to look at a book, and he refused to learn sign language. At seven and eight, he was a skinny kid, but medications made him gain weight. By the time he was a teenager his weight just kept going up. But believe it or not, he is still a picky eater."

Altya Henson, ARC Community Director of Residential Life, says that Mr. O is adapting to his new home **environment**. "He enjoys watching television with one of his housemates, he is interacting with staff members and he has been more willing to try a greater variety of foods."

Since arriving at ARC of Rockland, Mr. O has lost 30 pounds. He is using both **spoken words** and **signs** to communicate. His parents are grateful to ARC for the Abilities Program and for their son's new home. "The staff is great," says Ms. O. "We are very happy that everything has come together for William."

Bridge to Success

In anticipation of State and Federal requirements to close Sheltered Workshops by 2020, ARC of Rockland applied for and received funding for a project entitled *The Bridge to Success*.

The grant was awarded to ARC in January, 2015 by the New York State Office for People with Developmental Disabilities through the New York State Balancing **Incentive** Program (BIP) Transformation Fund.

"The Bridge to Success is designed to transition 150 people from the Workshop setting to employment, volunteerism or other community-based activities," explains Kathy Canter, Senior Director of ARC Employment Services. "During 2015, year one of this three-year project, the goal of ensuring the **transition** of the first group of people was successfully achieved."

Coordinator of the Bridge to Success is Kristi Ramos. "We see this initiative as a way for people to benefit from new **experiences** and opportunities," she explains. "Interviews with

each of the 150 people slated for transition focus on individual skills, goals and aspirations. Team meetings include the individuals, staff members, family members and others whose input the person feels would be beneficial in planning for his or her future."

Dr. Patrick McGreevy, PhD, BCBA-D, a noted expert in the field of behavior analysis, served as a consultant during the initial phase of the project. Dr. McGreevy's book, *Essential for Living*, co-authored with Troy Fry and Colleen Cornwall, continues to be used as a template for **assessments**, skills training and transition planning. Assessments also take into account information gathered during Personal Outcome Measures (POMs) conversations with people who receive supports through ARC of Rockland. During POMs **conversations**, staff members meet individuals to determine each person's short-and long-range **dreams** and goals. ARC of Rockland then designs the means by which these goals can

come to fruition. "Our POMs project dovetails perfectly with *The Bridge to Success*, says Ms. Ramos. "Success means something different to each individual, but the desire to be a contributing member of society is the **common thread**."

"Through excellent teamwork, we have been able to accelerate our three-year goal," says ARC Chief Administrative Officer Dr. Steven J. Rubinsky. "The closure of the workshop is now scheduled to take place at the end of 2016."

Transition Coordinator Marc Cooper, left, with Kevin Carney



CQL Accreditation

On January 9, 2015, ARC of Rockland received accreditation in Person-Centered Excellence from the internationally-recognized Council on Quality and Leadership (CQL). The process of attaining accreditation took place over the course of two years and entailed a rigorous examination of all supports and services provided by the agency.

ARC's promotion of person-centered excellence; safeguards related to **health, safety** and human security; the **empowerment** of people to achieve their goals and dreams and a commitment to continuous quality improvement are among the qualifications for CQL accreditation.

Jane Zemon, ARC Chief Program Officer headed up the CQL process. "This was a **group effort**," she says. "Special thanks go to Bob Brooke, ARC Director of Quality Improvement for his role in overseeing the gathering of information required for accreditation."

During the final stage of the CQL initiative, a three-person evaluation team spent five working days meeting with people involved in all facets of the agency and reviewing documents prepared by ARC.

"In one way or another, every staff person, every person who receives services or supports through ARC, members of our Board of Directors and volunteers were touched by the **analysis** of the agency," comments Ms. Zemon. "We met

individually and in groups. We reviewed current practices and measured the **outcomes** against our initial **goals**. We looked at our history, and we looked towards the future. The process gave us a clear overview of ARC of Rockland and provided short-term goals. The agency's long-range **vision** was



presented to CQL in February of 2016.

"In order to maintain accreditation, we will continue to assess, reevaluate and improve upon all aspects of the agency," notes Ms. Zemon. "Today and moving forward, community **inclusion** for people of all abilities is a primary focus."

The Council on Quality and Leadership was founded in 1969. In addition to organizations in the United States, CQL accredits or provides training to agencies and organizations in Canada, Ireland, New Zealand and Australia.

Prime Time Schools

“Technology has brought the world into the classroom,” says ARC Director of Children’s Services David Saulpaugh. “Smart Boards, laptops, and **augmented communication** devices have become essential to the way in which young people learn—and the way in which educators teach. It is our responsibility to help prepare children with intellectual and other developmental disabilities for inclusion in the adult world.

“Inclusion,” explains Mr. Saulpaugh, “refers to many aspects of life—everything from **socialization**, to higher education, to recreational activities to employment. The goal is to ensure that people with intellectual and other developmental disabilities are part of the **mainstream** of society. Helping youngsters get to that point begins in preschool.”

The Prime Time for Kids Early Learning Center accepts children with developmental disabilities as early as 24 months, and children without a disability as early as 2 years 9 months. The Early Learning Center offers several classes geared specifically to children with autism spectrum disorders (ASD). The Prime Time Upper School is open to students ages 5-21 with ASD.

“In many instances, communication is a stumbling block for children with autism,” says Mr. Saulpaugh. “We place a great deal of emphasis on helping youngsters learn to express themselves in whatever way best suits their needs and abilities. For some, this means becoming proficient with a computer, for others it means gaining greater **vocal vocabulary**. Still others use **sign language** to communicate.”

Both the Early Learning Center and the Upper School incorporate Applied Behavior Analysis (ABA) with emphasis on Verbal Behavior into the teaching methodology.



Marc Muhlmeister and Teaching Assistant Mercedes Kunzmann

“We use reinforcement to encourage students in all aspects of learning,” says Mr. Saulpaugh. “The success of ABA has been well documented. Our professional staff includes Board Certified Behavior Analysts, certified teachers, assistant teachers and therapists. **Input** and **interaction** with families are integral to our educational philosophy.”

Through pre-vocational training, Upper School students spend time at various worksites gaining on-the-job experience and determining what types of future employment or post-high school education they might find fulfilling.

“Bringing technology into the classroom is one essential aspect of education at our schools. The other equally significant aspect is making sure that our students spend time in the broader world,” states Mr. Saulpaugh. Students might visit an aquarium, spend time apple picking at a local farm, or shopping at a local supermarket. “Particularly for young people with ASD, waiting in line to buy a ticket at a museum or ordering lunch at a local restaurant may be challenging. Learning to meet **challenges** is important. We believe that childhood is the prime time to gain **skills** that will last a lifetime.”



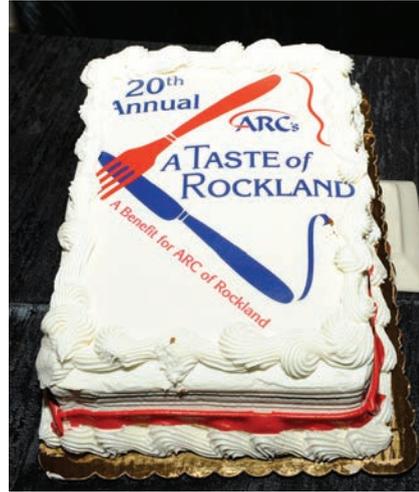
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Events

A Taste of Rockland 2015 was a sampling of food, drink and generosity. More than 40 restaurateurs and purveyors of fine beverages donated the fare for 400 guests who attended the 20th anniversary of the Taste at the Hilton Pearl River. Patrons enjoyed bidding on items in the Silent Auction and conversing with the chefs as they dined on mouth-watering cuisine. A spectacular dessert showcase was quite literally, the icing on the cake.

The 30th annual **Golf Classic** took place at the Paramount Country Club in New City, NY. Golfers teed off at 11am, participated in golf competitions and stayed for a celebratory meal following the round of golf. Blue skies and gentle breezes helped to make the day a hole-in-one for everyone.

ARC's **Bowling FUN-raiser** was true to its name. Families stopped by at Hi-Tor Lanes in West Haverstraw, NY, to bowl a game or cheer on members of ARC's competitive and recreational bowling leagues. Individuals, families and proprietors of local businesses purchased lane sponsorships for this yearly event which concluded with a pizza party and trophies for high scorers.



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Your Support in Action

Donations in the form of sponsorships and gifts have a direct impact on the lives of individuals affiliated with ARC of Rockland. Listed below are some of the ways in which contributions are helping to fund options and opportunities for people with intellectual and other developmental disabilities.

- **Job coaching** for adults working in business and industry throughout Rockland County
- **Equipment** essential to the expansion of eWorks, ARC of Rockland's electronics recycling division
- **An Alternative Communication Technology Center** at ARC headquarters in Congers, NY.
- **New Business Ventures** such as the ARC Café, the ARC Cleaning Service and Strawtown Jewelry
- **Smart Board** Learning Technologies for Prime Time for Kids Early Learning Center and Prime Time Upper School
- **Gym memberships** and other community-based recreational offerings
- **Transportation** to and from activities and events in the tri-state area
- **Refurbishing** of ARC homes
- **Expert consultation** in areas of transition from high school to the adult world
- The establishment of an **Autism Center** for high school graduates
- **Sports uniforms** for ARC's Special Olympics teams
- **Entrance fees** to sites of educational and recreational interest
- **Trips and outings** for students in ARC's Prime Time Early Learning Center and Upper School



GENERAL DONATIONS

Andre Watts & Joan C. Brand
Bon Secours Charity Health System, Inc.
Susan & George Conklin
Theresa Donovan
Mr. & Mrs. Daniel Mahoney
Carmella Antonello & Theresa Hamner Sias
Mr. & Mrs. Stephen Tomor

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BOCES Young Chefs
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Cookie Girl Bake Shop
Defiant Brewing Co.
Del'Arte Restaurant
Dingman's Dairy
DVine Bar
The Filling Station/The 9W Market
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The Hudson House of Nyack
Hudson Valley Cakery
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Restaurant X
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Two Spear Street
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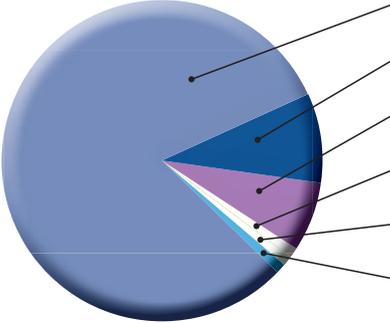
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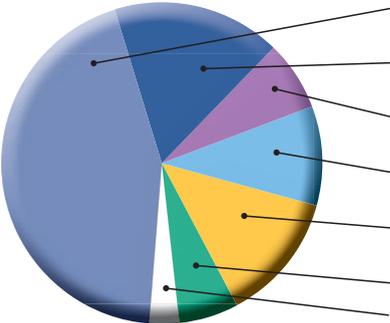
The Financial Picture

2015 Unaudited Financial Statements

Revenue

	2015 Dollars	2015 Percentages	2014 Percentages
 Medicaid & Medicare	\$34,176,790	80.9%	81.3%
State Grants	\$3,682,392	8.7%	8.2%
Investment Income/Other	\$3,661,459	8.7%	8.2%
Federal Grants	\$262,360	0.6%	1.2%
County Grants	\$272,500	0.6%	0.7%
Fundraising	\$190,105	0.4%	0.4%
Program Revenue	\$42,245,606	100%	100%
Transfer from Reserves	\$251,970		
Total Revenue	\$42,497,576		

Expenses

	2015 Dollars	2015 Percentages	2014 Percentages
 Residential Care	\$18,860,738	44.4%	46.7%
Day Habilitation	\$7,165,210	16.9%	20.7%
Children's Services	\$2,966,217	7.0%	8.8%
Employment	\$4,390,870	10.3%	9.4%
Management	\$5,596,298	13.2%	8.3%
Family Services/Other	\$2,435,997	5.7%	3.6%
Respite Recreation	\$1,082,245	2.5%	2.5%
Total Expenses	\$42,497,575	100%	100%

Looking Ahead

Dear Friends,

We write the following in order to share with you several of ARC of Rockland's recent achievements and to outline some of our agency's plans for 2016.



Carmine Marchionda



Richard Sirota

- A multi-year strategic plan will focus on service opportunities, business enterprises, workforce development/investments and governance.
- ARC's Sheltered Workshop is scheduled to close at the end of 2016. Our professional staff, the people we support and their families are working together to develop meaningful employment, leisure, volunteer and community habilitation activities for the individuals transitioning from the workshop setting.
- New business enterprises include the ARC Café and Community Food Kiosks, Strawtown Jewelry and ARC Cleaning Services. Through these initiatives, people we support receive training and skill development while working towards minimum wage employment opportunities in the community.
- ARC's Employment Division secured 25 new jobs in 2015. ARC's Community Connections team secured 200 volunteer opportunities in 34 locations.
- ARC of Rockland launched Partner's Health Plan (PHP) – a managed care organization providing a comprehensive layer of health care coordination for people with intellectual and other developmental disabilities. PHP was created under the auspices of five NYSARC chapters, including ARC of Rockland.
- Nine *Arc in Motion* groups support 45 men and women through small groups of self-directed programs based upon shared interests and skills. For example, there are people for whom physical fitness activities are a common bond. For others, the arts, including photography, painting, visits to area museums and galleries provide the link. Still others enjoy giving back to the community by volunteering at animal shelters and animal rescue centers or other sites.

- In addition to its primary location in Congers, NY, ARC HealthResources, ARC's medical practice, will now provide outpatient clinic services at Camp Venture and at ARC of Rockland's Suffern-based *Arc in Motion* site.

- ARC of Rockland will continue to uphold the high standards set as the recipient of accreditation from the internationally-recognized council on Quality and Leadership (CQL). The process of attaining accreditation took place over the course of two years and entailed a rigorous examination of supports and services provided by the agency. Evaluation and reexamination will be ongoing throughout 2016.
- Technology will play an increasing role in ARC's Prime Time for Kids Early Learning Center and ARC's Prime Time Upper School. The preschool is open to students with and without intellectual and other developmental disabilities including children with autism spectrum disorders. The Upper School is open to students ages 5-21 with autism spectrum disorders (ASD).

Growth and change go hand-in-hand in every facet of life. The same holds true for ARC of Rockland. We will continue to keep you informed as we meet the challenges that are sure to come our way. As always, ARC of Rockland is committed to maintaining excellence in all supports and services offered to the 1200 men, women and children who count on us every day.

Sincerely,

A blue ink signature of Carmine G. Marchionda.

Carmine G. Marchionda
Chief Executive Officer, ARC of Rockland

A blue ink signature of Richard Sirota.

Richard Sirota
Board President, ARC of Rockland

ARC of Rockland focuses on **abilities**.

Services promote **dignity** and **respect**. In areas of education,

employment, health care, housing,

habilitation and recreation, ARC of Rockland

ensures that people are full and

contributing members of the

broader **community**.



*Creating A Lifetime of Abilities
For People with Disabilities*

25 Hemlock Drive, Congers, NY 10920

845.267.2500

www.arcofrockland.org



Have you considered including ARC of Rockland in your Estate Plan? Please call our Development Department at 845.267.2500 x3682 to learn how you may leave a legacy.